

Aim of the programme

This programme is aimed at providing Managers and Supervisors with the fundamentals of Health and Safety at work and focuses on three key elements of Health and Safety.

1. an essential overview of health and safety issues and current legislation
2. the principles and methodology of risk assessment
3. accident identification and investigation

As a result of attending this course, delegates will:

- Understand the health and safety requirements in the workplace for their organisation
- Review health and safety policies in their organisation
- Set up a structure for a safety management system
- Demonstrate an up-to-date understanding of health and safety legislation
- Understand the relationship between hazard, risk, risk assessment and safe systems of work
- Understand the importance, and application of risk control
- Identify the different types of risk assessment required in their workplace
- Apply the principles and methodology of general risk assessment to given work situations
- Identify root causes of accidents and embed the solutions into the Health and Safety management system

Content – 2 days

The course includes the following core themes:

- Health and Safety Legislation
- Workplace Regulations
- Employers' and Employees' Legal Responsibilities
- Managing and Monitoring Health and Safety at Work
- The foundations of assessing and managing risk
- Understanding accidents and their investigation
- The deeper principles of risk assessment
- The process and methodology behind hazard identification
- Developing personal competence to carry out risk assessment back in the workplace
- Accident investigation theory and practice

Structure of the programme

This is two-day course will consist of presentations, led discussion and short workshop sessions.